

# sustainable living centre

WORKSHOPS & SEMINARS FEBRUARY, MARCH 2010



**To book your workshop contact**  
**\*\* ECOMATTERS' MAIN OFFICE \*\***  
 ph 826 4276 / email info@ecomatters.org.nz  
 PLEASE INCLUDE YOUR PHONE NUMBER WHEN BOOKING - THANKS

**Join the Biodynamic & Organic Gardening Group (BOGG) for fieldtrips and more... email Therese therese@ecomatters.org.nz or ph 826 0555**

feb  
FILM  
month

<p><b>A Convenient Truth:</b>          Urban Solutions from Curitiba, Brazil          Wednesday 10 February 6.30pm \$5</p>	<p>This informative, inspirational documentary is aimed at sharing ideas to provoke environment-friendly and cost-effective changes in cities worldwide. The documentary focuses on innovations in transportation, recycling, social benefits including affordable housing, seasonal parks, and the processes that transformed Curitiba into one of the most livable cities in the world.</p>	<p>2007, 52 mins</p>
<p><b>Ancient Futures:</b>          Learning from Ladakh          Wednesday 17 February 6.30pm \$5</p>	<p>How we can learn about ecological solutions from an ancient culture? Ladakh, or Little Tibet, is a wildly beautiful desert land high in the western Himalayas. It is a place of few resources and an extreme climate. Yet, for more than a thousand years, it has been home to a thriving culture. Then came development. Centuries of ecological balance and social harmony are under threat from modernisation. The breakdown of Ladakh's culture and environment forces us to re-examine what we really mean by progress.</p>	<p>1993, 60 mins</p>
<p><b>Earth Whisperers/Papatuanuku,</b>          Wednesday 24 February 6.30pm \$5</p>	<p>Kathleen Gallagher's latest film Earth Whisperers/Papatuanuku was shot at spectacular locations around New Zealand by acclaimed cameramen Alun Bollinger and Mike Single. This absorbing feature documentary focuses on 10 visionary New Zealanders out to prove that a shift in consciousness can heal our environment. You'll be inspired, and never look at stinging nettle in your garden in quite the same way again!</p>	<p>2009, 73 mins</p>
<p><b>ECODAY</b>          Sunday 28 February 10am-4pm          Gold coin/koha</p>	<p><b><i>Eco products and services; recycled arts and crafts market; sustainable transport zone; sustainable home and garden bus tours; not-for-profit and community groups zone; organic food and drinks; eco kids zone incl Fairy Claire, story telling &amp; trapeze artists... and much more!</i></b></p>	<p>See www.ecoday.org.nz for more information.</p>
<p><b>Building with Sustainable Materials</b>          Saturday 6 March          10.30am -12.30pm \$10</p>	<p>Arm yourself with eco-friendly options when choosing materials for building or renovating. Discover where hidden toxins are lurking in your household and how to avoid them. Which are the best and safest building materials to use with the least environmental impact?</p>	<p>Johann Bernhardt -          Architect, Building Biology          &amp; Ecology Institute</p>
<p><b>Mosaic 'Avocado' Bench Seat</b>          2-part practical workshop          Saturday 13 &amp; Sat 20 March, 10am-3pm          \$45 per day or \$80 for both</p>	<p>This is a two part (a week apart) practical workshop to build a bench which is low cost and ideal for schools, community spaces and the adventurous, sustainably minded backyard. <b>Day one</b> will involve constructing basic form of the seat. We will utilise waste rubble as fill, and may use recycled crushed concrete, cement and adobe in the mix.  <b>Day two</b> In the following week we will be working on the artistry of the seat, creating a mosaic with seconds tiles hand selected from Middle Earth Tiles in Matakana (makers of the tiles used in the famous Kawakawa toilets designed by Hundertwasser).  <b>Raindate - please phone 826 0555 the day before if the forecast is for rain. Light showers are acceptable, we have ezi-up shelters for use in this situation.</b></p>	<p>Justin Newcomb,          Landscape Safari</p>
<p><b>Bamboo Panel Construction</b>          practical workshop          Saturday 27 March, 10am-2pm \$45</p>	<p>Bamboo is one of the most prolific and sustainable materials around. Make use of this resource by learning how to harvest it properly, handle it and use it as a building and landscaping material.          Mark Mortimer is a bamboo expert, and will give a talk on bamboo construction theory and the way it is used overseas. We will then put some practical skills to the test and work as a group to make a large woven double sided panel that will be sited at the SLC entranceway.</p>	<p>Mark Mortimer,          Bambusero</p>

# Ecoday<sup>2010</sup>

Sunday Feb 28, 10am-4pm

Now is your chance to catch some of the best sustainable products and services on the market all in one place. There are a number of new exhibitors at the event and new for 2010 we will be having a recycled arts and crafts market. There will also be a green transport zone where you can try out the latest electric bike or discuss the merits of biofuel with the Auckland based manufacturers.



Free seminars and practical workshops will be happening throughout the day, and there will be bus tours leaving from the venue which will visit sustainable homes and gardens. More organic food and drink will be available this year due to popular demand, and the ekokids zone will feature trapeze artists, story telling and Fairy Claire.



This family friendly event will be the last Waitakere City Council sponsored EcoDay before the Supercity comes into being, so come and help make this a good one.

*If you're keen to help out on the day, or would like more information contact Gretchen Schubeck on 834 3284 or 021 361 310. The Centre and gardens will be open for tours and are usually very busy. If you would like to help mind the Centre for an hour or so, give Therese or Meg a call on 826 0555. See you there!*



*Please book your workshops and seminars by phoning EcoMatters main office on 09 826 4276 or emailing [info@ecomatters.org.nz](mailto:info@ecomatters.org.nz)*

For general enquiries contact the Sustainable Living Centre Managers Meg Liptrot or Therese Mangos  
phone 09 826 0555 fax 09 826 0557  
email [slc@ecomatters.org.nz](mailto:slc@ecomatters.org.nz)

The Sustainable Living Centre is a project of EcoMatters Environment Trust. Check out [www.ecomatters.org.nz](http://www.ecomatters.org.nz) for information on this and other projects.

The Sustainable Living Centre and Trusts Eco House are open to the public

Monday to Friday 10am-4pm,  
Saturdays 10am-1pm (or by appointment)

4 Olympic Place,  
PO Box 15215, New Lynn  
WAITAKERE CITY 0640



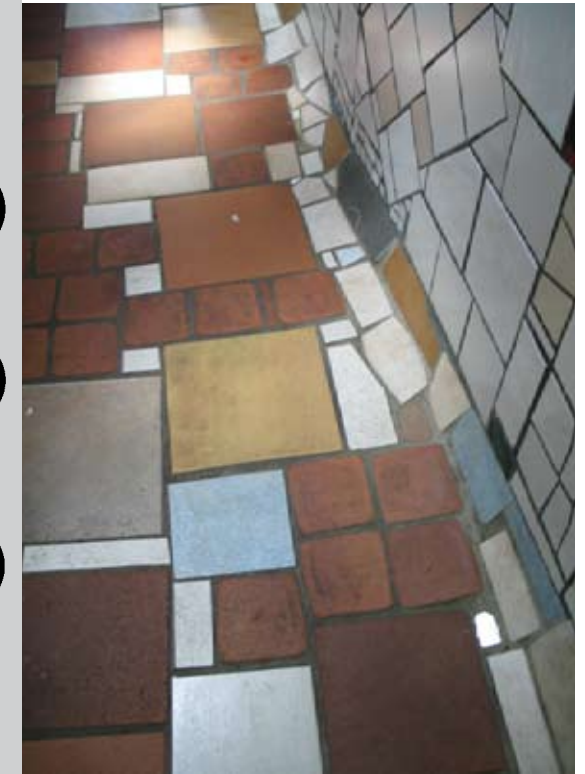
*If you would like to help conserve resources and receive our workshop timetable via email please contact us at the email address above.*

**Cover photo:**  
*Floor detail, Hundertwasser toilets, Kawakawa*



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